

Communicable Disease Policy and Minimum Health Protocols

We value your child's health and recognize the importance of preventing infectious diseases, particularly in a childcare setting. If any child in our care is diagnosed with a reportable disease, as specified by your center's state licensing agency, parents/guardians of the other children will be notified. If you would like additional information about reportable diseases in your state, please contact your Center Director.

Health Protocols for families whose children attend childcare:

Please do not send your child to school if he/she exhibits any of the following conditions and/or symptoms:

- Any reportable condition that the local health department or your child's physician has determined to be contagious including influenza and COVID-19. In this instance, your child may return upon receipt of a physician's or medical evaluation release note;
- **Any fever following these State Minimum Standards:** (A) Oral temperature of above 101 degrees and accompanied by behavior changes or other signs or symptoms of illness; (B) Rectal temperature of above 102 degrees and accompanied by behavior changes or other signs or symptoms of illness; (C) Armpit temperature of above 100 degrees and accompanied by behavior changes or other signs or symptoms of illness; or (D) an ear (tympanic) temperature 101 degrees and accompanied by behavior changes or other signs or symptoms of illness
- A child's normal temperature is 98.6°F (37°C).

Parents are required by the state to screen yourself and your child before going into a childcare center for any of the following new or worsening signs of Communicable diseases including COVID-19 and influenza:

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| <input type="checkbox"/> Fever | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Loss of taste or smell |
| <input type="checkbox"/> Shortness of breath/difficulty breathing | <input type="checkbox"/> Diarrhea, vomiting, abdominal cramping |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Nasal discharge that is green/yellow |
| <input type="checkbox"/> Muscle Pains | <input type="checkbox"/> Eye discharge that is pussy or yellow, redness/pink burning & itching eye(s) |
| <input type="checkbox"/> Persistent headache | <input type="checkbox"/> Known close contact with a person who is confirmed with a communicable disease or COVID-19 |
| <input type="checkbox"/> Complaints of ear pain | |
| <input type="checkbox"/> Undetermined rash | |

If any of these signs or symptoms appears while your child is at school, he or she will be kept separate from the group; and you will be contacted to arrange immediate pickup. In many cases, children will not be allowed to return until 24 hours have passed without symptoms.

Colds, flu, COVID-19, respiratory diseases and other contagious diseases seem to occur frequently and spread easily in group care settings. To help protect your own child's health and to minimize the possibility of contagion at school, please keep your child at home if you observe any of the above symptoms. If these symptoms of possibly contagious conditions or other conditions deemed contagious are observed in your child during the day, you will be called to come pick up your child immediately.

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The child may not return to school until he/she is symptom-free for 24 hours, unless there is a doctor's note stating the child may return sooner. If there are any lingering signs of illness, i.e. glassy/watery eyes, listless, and/or drowsiness, etc., please keep your child home an additional day. This will help to ensure that the illness has actually passed and that your child will be well enough to resume school activities. Their immune systems may still be weak and re-entering the school environment may re-trigger infection or sickness.

****We do not have an on-campus Well program or a Nurse on staff. If your child is sick, they must remain at home.***

If possible, please inform the office if your child will be absent due to illness. This helps us ensure that we can keep contagion to a minimum in our classes.

Medications

BCA recommends that you dispense medication to your child before or after the school day. (Most physicians can provide a prescription for 12-hour dosages of medication.) If medication must be dispensed at the center, BCA will use the following guidelines:

- Medication must be signed in on the daily medication log, **located in the front office**, and given to a member of our management team at the front desk. Additional forms may also be required by your individual state-licensing agency. Do not leave medications for your child with a teacher or in their backpack.
- Prescription medications must be in their original packaging or container and be clearly labeled with dispensing/dosage instructions and your child's first and last name.
- Nonprescription, or "over the counter," medications can only be administered according to the label instructions, including recommended age-appropriate dosages. Nonprescription medications must be in their original packaging or container and be clearly labeled with your child's first and last name and the date it was brought to the center. No OTC medications will be given for longer than two (2) weeks without written permission from a physician.
- If your child requires ongoing medication, please complete the BCA Ongoing Medication Form, available from the front office. Additional forms may also be required by your individual state-licensing agency.
- Topical medications, such as sunscreen, diaper ointments, or teething gels, may not require physician approval but may require written consent to apply; if a parent provides these items then permission is implied.
- If your child has an adverse reaction to medication, we will document his or her symptoms and call you for immediate pick up.

Hand washing

Hand washing is like a "do-it-yourself" vaccine. It involves five simple and effective steps-- Wet, Lather, Scrub, Rinse, Dry--you can take to reduce the spread of diarrheal and respiratory illness so you can stay healthy. Regular hand washing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others.

www.cdc.gov/handwashing

CLLC emphasizes stringent hand washing and sanitation procedures (such as "covering" a cough), both as a part of our daily routine and as a specific part of our curriculum, beginning at age two.

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Health Check

When appropriate, staff may conduct periodic health checks prior the child's admittance to the classroom and/or throughout the day. A health check is a visual and/or physical assessment taken in order to identify potential concerns—such as signs or symptoms of illness or injury-- about a child's health. Temperature or Oximeter checks upon arrival may be necessary during peak times of outbreak or when mandated by the state.

Medical Emergencies

If there is a critical illness or injury, which requires immediate attention of a physician, we will:

1. Contact Child's parents to receive instructions on next steps and/or discuss if child needs to be picked up.
2. Administer first-aid treatment or CPR if appropriate.
3. Contact the physician identified in the child's record if needed.
4. Contact emergency medical services or take the child to the nearest emergency room if needed.

Other Protocols to follow during a pandemic or school/city wide outbreak:

- Pack extra changes of clothes for your child, as child care centers may have to change children more frequently
- Avoid sending toys from home, or toys or lovey items that cannot be washed or cleaned.
- Wash or sanitize hands before/after going into a center
- Avoid congregating in reception or classrooms when dropping or picking up your child, or stay within 6 feet of another person who is not a member of your household.
- If available, individuals should consider wearing a non-medical grade face mask when entering a child care center.

***** By enrolling in our program, parents and guardians release Bilingual Child Academy and individuals from liability in case of any communicable disease or accident during regular activities related to attending a school child care program, as long as the center and staff have taken normal safety & health procedures. Our center does not have insurance to cover for Medical payments to children.***

***** Please note that your child care center cannot anticipate every unique situation. This child care center is mindful and informed of federal and state laws, regulations, workplace safety standards, and all state regulations standards for child care centers. With this in mind, parents understand that a child care center is a group care facility where social distancing between adults and children is not always possible and assume that exposure to communicable diseases is possible. By enrolling your child in a child care center you assume responsibility despite all the health and safety measures taken, you understand communicable diseases are easily passed from child to child or adult to child when they are asymptomatic.***

Family Name: _____ **Date:** _____

Parent/Guardian Signature: _____